

# **The Oasis Centre – Cornwall**

## **Support Policy**

The Trustees are mindful of the great challenges inherent in the Charity's work and of the demands that are made on all who are involved in that work. The Trustees have therefore adopted this policy to make it clear to everyone that they are not alone, that the burdens that may be imposed on them are understood and that there is support available for them.

### **People Providing Support**

Everyone who is involved in the Charity's work is, in the ultimate, a volunteer carrying out the required functions because they want to do so and are committed to the Charity's aims and objectives. There is, and must always be, no element of compulsion. Each person is free to stop doing the work. This applies to each Trustee and to every other volunteer.

The principal co-ordinator among the volunteers is Miss Pat Walton. She is the first point of contact for any volunteer requiring support or wishing to discuss the work of the Charity and/or their role in that work. She is however not the only point of contact and every other Trustee is equally committed to making themselves available. There may also be other volunteers who can assist.

It is the wish of the Trustees to ensure that free and open discussion about all and any aspects of the Charity's work should always be possible among its volunteers. The mutual support to which everyone can contribute is vital to the Charity's role.

### **Developing Support**

Training and supervision are both features of the support available for volunteers. Some training is available from external sources and other training is best provided during the course of the Charity's activities. During the course of the latter, it is of course important for those volunteers who have more knowledge and experience to train, guide and supervise those who have less knowledge and experience. The aim always is to achieve constant improvement.

When external training is appropriate, all volunteers are encouraged to receive and to participate in that training.

First adopted by the Trustees on 20<sup>th</sup> April 2016 and to be reviewed annually in January.